

Martin Casado recommends an MIT talk for an intuitive grasp of LLMs

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Vishal Misra’s MIT talk explains how SFT, RLHF and RL reshape a distribution while next-token prediction remains underneath; Martin Casado recommends it for understanding in-context learning and LLMs.

MIT talk on LLMs (video; descriptive title)

Resource/creator: Vishal Misra’s MIT talk on LLMs. [1] **Recommended by:** Martin Casado, who calls it the best talk on in-context learning and says it builds an intuitive grasp of LLMs. [2]

Key takeaway: Misra describes a first-principles account that skips attention and transformers: SFT/RLHF/R reshape the distribution, while the underlying LLM remains a next-token predictor. [1] **Why it matters:** It connects post-training methods to the model’s underlying prediction process—the intuition Casado specifically recommends the talk for. [1, 2]

Sources

1. X post by @vishalmisra
2. X post by @martin_casado